Tracey Mack

Bio

Tracey Mack is a Licensed Clinical Professional Counselor (LCPC) in the state of Maryland with over 10 years of experience in the mental health field. Tracey is the founder of Reflections Counseling & Consulting. In this capacity, Tracey works in varied specialties such as providing sex offender treatment, substance abuse, trauma, selfcare, depression, sexual dysfunctions, anxiety, guilt and shame.

Tracey received her master’s degree in Clinical Mental Health Counseling from Walden University. Tracey is a Certified Clinical Trauma Professional (CCTP), Certified Sex Offender Treatment Provider (CSOTP), and Certified Daring Way Facilitator (CDWF). Through her training in becoming a CDWF, Tracey became drawn to assisting people to identify and work through shame & guilt with a focus on trauma associated with abortions, adoptions, and/or miscarriages. In addition, Tracey is a Supervising Case Manager for individuals with Developmental & Intellectual Disabilities.